



DR. JESSICA HERNANDEZ

HEALTH EMPOWERMENT EXPERT

Dr. Jessica Hernandez is a board-certified physician, medical educator, and Health Empowerment Expert who has lived the healthcare journey from every angle—as an ER doctor on the front lines, as a cancer survivor, and as a wife who lost her husband to cancer. This unique perspective fuels her mission to transform people from powerless to empowered. As co-founder of Care Navigator, an AI-powered cancer advocacy platform, and creator of The Health Freedom Academy, Dr. Jessica combines her advanced medical education, high-performance training in communication and teamwork, and lived experience from all sides of healthcare to teach people how to navigate their health with clarity and confidence—whether they're preparing for the future or facing crisis today. A mother of three and entrepreneur, she believes true freedom in health comes not from avoiding illness, but from understanding your body, knowing your options, and having the courage to use your voice—and her message is clear: you don't have to face healthcare alone, confused, or powerless ever again.

For more information visit us at:
www.drjessicahernandez.com

THE ULTIMATE HEALTH FREEDOM SYSTEM

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MASTER YOUR HEALTH JOURNEY IN
3 SIMPLE STEPS

- Jessica's Journey from patient to empowered
- GET CLEAR (Know your power + prepare)
- GET CONFIDENT (Navigate + advocate)
- GET FREE (Thrive + sustain)